2 Sarah.

Dance-in-Line

WorX.

48 Counts, 4 Wall, Easy-ish Intermediate level linedance.

Choreographer- Martie Papendorf. South Africa. March 2014.

Music- Ode to You (feat. Nonku). Jack Parow. 3.18

99 bpm

Search for music- From amazoncouk Suy amazoncouk

No tags, 1 restart on 12.00.

Start on lyrics: "Nine to 5"....just after "There's a hand on your throat and it's holding tight" after 40 counts from start of track [+/- 19 sec.]

1 Rock across back, Step, Cross, Side, Heel, &, Rock fwd back, Sailor touch ¼ right,

- 1,2 Rock R across L, Recover L back,
- &3& Step R next to L, Step L across R, Step R to right side,
- 4 Touch L heel to left diagonal,
- &5,6 Step L next to R, Rock R fwd, Recover L back,
- 7&8 Sweep R out and step behind L making a ¼ turn right, Step L to left side, Touch R next to L [3.00]

2 Diagonal, Lock, Step, Heel, Step, Heel, Step, Lockstep fwd, Coaster fwd

- 1,2 Step R to right diagonal, Lock L behind R,
- &3&4 Step R next to L, Touch L heel fwd, Step L next to R, Touch R heel fwd,
- &5&6 Step R in place, Step L fwd, Lock R behind L, Step L fwd,
- 7&8 Step R fwd, Step L next to R, Step R back [3.00]

3 &, Step, Pivot ½ left, Step, Shuffle full turn right, Fwd, Step, Lift kick, Sailor step

- &1,2 Step L next to R, Step R fwd, Make a ½ turn left stepping L fwd, [9.00]
- &3&4 Step R fwd, Step L back making a ½ turn right, Step R fwd making a ½ turn right, Step L fwd, [9.00]
- &5,6 Step R fwd, Step L next to R, Lift kick L to left side,
- 7&8 Step L behind R, Step R to right side, Step L to left side [9.00]

4 Cross, Back, Side, Cross shuffle, Monterey ½ right, Funky rock recover touch to right

- 1,2 Step R across L, Step L back,
- &3&4 Step R to right side, Step L across R, Step R to right side, Step L across R,
- 5& Point R to right side, Step R to right side making a ½ turn right, [3.00]
- 6& Point L to left side, Step L next to R,
- 7&8 Rock R big step to right side lifting L, Recover L to left side, Touch R to L [3.00]

 Restart here during wall 2, facing 12.00

5 Cross, Hold, Fwd shuffle, Side ¼ left, Together, Heel ¼ right, Coaster step

- 1,2 Step R across L, Hold,
- 3&4 Step L fwd, Step R next to L, Step L fwd,
- &5,6 Step R to right side making a ¼ turn left, Step L next to R, [12.00] Touch R heel fwd making a ¼ turn right, [3.00]
- 7&8 Step R back, Step L next to R, Step R fwd [3.00]

6 Left samba, Right samba, Left samba ½ left, Step, Scuff, Step, Heel

- 1&2 Rock Lacross R, Recover R to right side, Step L to left side,
- 3&4 Rock R across L, Recover L to left side, Step R to right side,
- Rock L across R, Recover R back making ¼ turn left, [12.00] Step L to left side making ¼ turn left, [9.00]
- &7&8 Step R next to L, Scuff L across R, Step L next to R, Touch R heel across L [9.00]

Restart: during wall 2 after section 4, facing 12.00

Contact -<u>LinedanceInTheStrand@gmail.com</u>

YouTube-http://www.youtube.com/user/LinedanceInTheStrand