Above My Head.

32 Counts, 4 Wall, Improver level linedance.
Choreographer- Martie Papendorf. South Africa. March 2015.
Music- Up Above My Head. Rhiannon Giddens. 3:09
100bpm
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No tags or restarts
Start on vocals after 32 counts.

1 KICK BALL STEP, FWD SHUFFLE, &, STEP, SCUFF, STEP, SCUFF, FWD SHUFFLE
1&2   Kick R fwd, Step R next to L, Step L next to R,
3&4   Step R fwd, Step L next to R, Step R fwd,
&5&6& Step L next to R, Step R fwd, Scuff L next to R and clap, Step L fwd, Scuff R next to L and clap,
7&8   Step R fwd, Step L next to R, Step R fwd [12.00]

2 KICK, CROSS, BACK ¼ LEFT, &, FWD SHUFFLE, STEP, SCUFF, STEP, SCUFF, FWD SHUFFLE
1&2   Kick L across R, Step L across R, Step R back making a ¼ turn left, [9.00]
&3&4   Step L next to R, Step R fwd, Step L next to R, Step R fwd,
5&6&   Step L fwd, Scuff R next to L and clap, Step R fwd, Scuff L next to R and clap,
7&8   Step L fwd, Step R next to L, Step L fwd [9.00]

3 ROCK ¼ LEFT, RECOVER, ROCK ¼ LEFT, RECOVER, RUN FWD R, L, R, ROCK, RECOVER ¼ LEFT,
 SIDE ¼ LEFT
1   Rock R out to right side making a ¼ turn left extending arms up above head, [6.00]
2   Recover L to left side bringing arms down,
3   Rock R out to right side making a ¼ turn left extending arms up above head, [3.00]
4   Recover L to left side bringing arms down,
5&6   Run fwd on bent knees R, L, R,
7&8   Rock L fwd, Recover R back making a ¼ turn left [12.00],
          Step L to left side making a ¼ turn left [9.00]

4 KICK, &, KICK, &, POINT, &, POINT, BACK, BACK, &, BACK, TOGETHER, TOUCH
1&2&   Kick R fwd, Step R next to L, Kick L fwd, Step L next to R,
3&4   Point R to right side, Step R next to L, Point L to left side,
5   Step L long step back bending fwd dragging R heel [toes flexed],
6   Step R long step back bending fwd dragging L heel [toes flexed],
&7&8   Step L next to R, Step R back, Step L next to R, Touch R next to L [9.00]
START AGAIN

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