

ACHY BREAKY 2

MUSIC: "Achy Breaky 2" by Buck 22 (featuring Billy Ray Cyrus)
(Available on iTunes)
64 Count, 2 Wall Beginner Dance. 2 Parts, 32 counts each.

INTRO: 8 Counts. Begin on Whistling of "Achy Breaky"

CHOREOGRAPHER: Durline Dunham Melanson

DATE CHOREOGRAPHED: February 13, 2014

PART 1 (32 counts - 1 wall dance)

VINE RIGHT & DOUBLE BUMPS

- 1-4 Step R foot to R side, Step L foot behind R leg, Step R foot to R side,
Touch L foot next to R
- 5-6 Step L foot to L, Bump hips to L two times
(Pump R hand up over head two times if you like)
- 7-8 Bump hips to R side two times and shift weight to R leg
(Pump R hand up over head two times if you like)

4 CROSS BALL CHANGES (SAILOR SHUFFLES)

WITH THUMBS IN POCKETS

- 9 & 10 Cross L foot behind R foot, Step R next to L, Step L next to R
- 11 & 12 Cross R foot behind L foot, Step L next to R, Step R next to L
- 13 & 14 Cross L foot behind R foot, Step R next to L, Step L next to R
- 15 & 16 Cross R foot behind L foot, Step L next to R, Step R next to L

VINE LEFT, ½ PIVOT TURN (CCW)

- 17-20 Step L foot to L side, Step R behind L, Step L to L side
Touch R foot next to L
- 21-24 Step forward on R foot, ½ Pivot Turn to left (CCW) to face back
Step in place on L foot, Step forward on R, Touch L foot next to R
- 25-32 (Repeat Counts 17-32 except end with a Step on L foot on count 32
instead of a Touch)

PART 2 (32 counts - 2 wall dance)

WEAVE RIGHT & SLAP KNEE TWICE

- 1-4 Step R foot to R side, Step L foot behind R, Step R foot to R side
Step L foot in front of R foot
- 5-6 Step R foot to R side, Raise L knee parallel to dance floor
Slap knee with R hand
- 7-8 Point L toe to L side, Raise L knee parallel to dance floor
Slap knee with R hand

1/4 HITCH TURN (CW), 2 STEPS BACK & 2 PIVOT TURNS (CCW)

- 9-10 Step on L foot to L making 1/4 right Turn (CW)
Hitch R knee parallel to dance floor
- 11-12 Step back on R foot, Step back on L foot
- 13-14 Step forward on R foot, ½ left Pivot Turn (CCW)
Step in place on L foot
- 15-16 Step forward on R foot, 1/4 Pivot Turn to L (CCW)
Step in place on L foot

DOUBLE BUMPS & SINGLE BUMPS

(OR GIVE IT YOUR BEST TWERK!)

- 17-20 Put hands on knees (or just above)
Bump hips to R two times, Bump hips to L two times
- 21-24 Single Bump hips to R, L, R, L (...or Try Your Twerk on counts 17-24)

HEEL CROSS, HEEL STEP & FULL TURN (CCW)

- 25-26 Touch R Heel diagonally to R front, Bend R knee & Cross R in front of L
- 27-28 Touch R Heel diagonally to R front, Step R foot next to L foot
- 29 Step on L foot to L beginning CCW Turn on ball of L foot
- 30 Step on R when facing back, Pivot on around to front on ball of R foot
- 31 Step on L foot to L side to end Full Turn
- 32 Touch R foot next to L

DANCE SEQUENCE: 1, 2, 1, 2, 1, 1, 2, 1, 2, 1, 2

(Dance ends facing back. Thumbs in pockets.)

Enjoy! :-)

Note: The original Achy Breaky helped spread the line dance craze to the world over a decade ago. Today, millions are still dancing and are healthier and happier as a result of this terrific form of fun and fitness.