

# **"Bahama Mama"**

**Choreographer: Marie Sprensen (Sunshine Cowgirl) - Denmark - August 2012**

**4 Wall - Improver - 32 Counts**

**Music: "Bahama Mama" By Boney M**

**[www.itunes.com](http://www.itunes.com)**

**Intro: 64 Counts**

**Walk Fwd. Right, Left, Right, Kick, Walk Back Left, Right, Chasse**

1-2 Walk fwd. Right, Left

3-4 Walk fwd. Right, Kick Left fwd. & Clap

5-6 Walk, Back Left, Right

7&8 Step Left to Left side, step Right beside Left, step Left to Left side(12:00)

**Back Rock, Recover, Chasse, Rock, Recover, ¼ Turn Shuffle**

1-2 Back rock Right, recover

3&4 Step Right to Right side, step Left beside Right, step Right to Right side

**Restart the dance here during wall 4 – Facing 09:00 - OBS – Instead of Chasse Right on Count 3&4, Walk fwd. Right, Left on count 7-8, start again.**

5-6 Rock Left in front of Right, recover

7&8 ¼ turn Left, step fwd. Left, step Right beside Left, step fwd. Left (09:00)

**Restart the dance here, during Wall 9, After 16 Counts – Facing 06:00**

**Rock, Recover, Coaster Step, Rock, Recover, ¼ Turn Chasse**

1-2 Rock fwd. Right, recover

3&4 Step back on Right, step Left beside Right, step fwd. Right

5-6 Rock fwd. Left, recover

7&8 ¼ turn Left, step Left to Left side, step Right beside Left, step Left to Left side (06:00)

**Cross, Point, Cross, Point, Rock, Recover, ¾ Turn Right, Step**

1-2 Cross Right in front of Left, point Left to Left side

3-4 Cross Left in front of Right, point Right to Right side

5-6 Rock fwd. Right, recover

7-8 ¾ turn Right, step fwd. Right, step fwd. Left (03:00)

**RESTART:**

**During Wall 4 – After 12 Counts – Facing 09:00 - Instead of Chasse Right on Count 3&4, Walk fwd. Right, Left on count 7-8 - Start again.**

**During Wall 9, After 16 Counts – Facing 06:00 – Start again**

**Have Fun!**

**[www.sunshine-cowgirl-linedance.dk](http://www.sunshine-cowgirl-linedance.dk)**

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