

"Between A Rock"

Choreographer: Marie Sørensen (Sunshine Cowgirl) Denmark - November 2013

2 Wall - High Beginner - 32 Counts

Music: "Between A Rock And A Hard Place" By Emilie Andersen DK

Album: Walk With Me

Music: <http://www.cdbaby.com/Artist/EmilieAndersen>

This song is from a new CD from Emilie Andersen - Emilie Andersen agreed to share this song with us -
Send an e.mail to Emilie to get the music for free: eaee@stofanet.dk

Intro: 16 Counts

KICK, KICK, COASTER STEP RIGHT, KICK, KICK, COASTER STEP LEFT

1-2 Kick right fwd. kick right to right side

3&4 Step back on right, step left next to right, step fwd. on right

5-6 Kick left fwd. kick left to left side

7&8 Step back on left, step right next to left, step fwd. left (12:00)

SHUFFLE FWD. RIGHT, ROCK, RECOVER, ½ TURN LEFT, STEP, STEP, STEP, KICK

1&2 Step fwd. right, step left next to right, step fwd. right

3-4 Rock fwd. left, recover

5-6 ½ turn left, step fwd. left, right

7-8 Step fwd. left, kick right fwd. (06:00)

BACK, TOUCH, FWD. KICK, BACK, TOUCH, FWD. KICK

1-2 Step back on right, touch left toe in front of right & snap your fingers

3-4 Step fwd. left, kick right fwd.

5-6 Step back on right, touch left toe in front of right & snap your fingers

7-8 Step fwd. left, kick right fwd. (06:00)

JAZZ BOX, KICK, JAZZ BOX, TOUCH

1-2 Cross right over left, step back on left

3-4 Step right next to left, kick left fwd.

5-6 Cross left over right, step back on right

7-8 Step left next to right, touch right beside left (06:00)

There are 3 very easy 4 counts tags - After wall 5 & 9 & 13 - All facing 06:00

Sway right, left, right, left

Have Fun!

Contact:

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