Page Title Page 1 of 1



Big Girls You're Beautiful

SONG/ALBUM: Big Girls You Are Beautiful / Life In Cartoon Motion

ARTIST: Mika

CHOREOGRAPHER: Pamela Smith May 08
DESCRIPTION: 4 Wall beginner /improver

32 Beat 1 Tag (at beg.) 1 Restart Fun dance only.

TRACT TIME 4.10 min.

Beats Steps

Commence Hips on the heavy beats, continue on dancing slightly before lyrics.

ONCE ONLY Hip Bumps for 8 Beats

Walk fwd R, L, Fwd Mambo, Back L,R, L Coaster

1,2,3&4 Walk fwd R, L, step R fwd, step L next to R, step R back 5,6,7&8 Walk back L, R, step L back, step R next to L, step L fwd

R Side, Tog, Side Shuffle, L Rock back, Rep, Side, R Rock back, Rep, Touch

1,2,3&4 Step R to side, step L next to R, step R to side, step L next to R, step R to side

5&6,7&8 Rock back L behind R, replace wt. on R, step L to side, rock R behind L, replace wt. L, Touch R next to L (last rock back has hand movements) restart

R Side Rock, Replace wt L, R Behind L, 1/4 L Step on L, Step R Fwd, L Rock Fwd, Replace wt on R, L Coaster.

1,2,3&4 Rock R to side, replace wt. on L, step R behind L, $\frac{1}{4}$ turn L step on L, step R fwd

5,6,7&8 Rock L fwd, replace wt on R, step L back, step R next to L, step L fwd (coaster)

R Side Rock, Replace wt L, Behind, Side, Cross, Lge Step to Side drag, Touch, Step Hip & Hip & (Hand movements here)

1,2,3&4 Rock R to side, replace wt. on L, step R behind L, step L to side, cross R over L

5,6,7&8& Large step to L dragging R to L, touch R next to R, step R slightly forward with hips fwd, back, fwd, back.

Re start: Wall 7 Dance to beat 16 a touch. Restart dance(back wall) Ending: Finish dance Step R foot fwd, 3/4 pivot L wt on L, fwd RLRL

NOW FOR THE HANDS

Where you do the R rock back, replace, cross your arms over your chest, on the touch put your hands on the side of your hips.

On the step drag you CLAP, on the touch you CLICK your R fingers.

On the hips raise your R hand elbow bent, L hand on the side of hips .

Just remember whether we are big, small, tall or short Life is a gift.

Contact Pamela Smith email smithies108@bigpond.com