

Envole-moi [Theory of Flight].

64 Counts, 4 Wall, Intermediate linedance.

Choreographer: Martie Papendorf [South Africa] June 2017.

Music:

2 Recordings: Envole-moi. TAL M. Pokora. Génération Goldman. 3:06
[Not for a demo; YouTube videos blocked by Sony]

Alt. track: Envole-moi. Coraly K, Flash Ki. 2:54
[NO YouTube block]

112bpm

Search for music   

1 Easy Tag added 2x

2 Bridges

Start on vocals.

1 SIDE. CROSS. BACK. CHASSE LEFT. ROCK R ACROSS. L BACK ¼ RIGHT. TRIPLE TURN ¼ RIGHT

- 1,2,3 Step R to right side, rock L across R, recover R back,
4&5 Step L to left side, step R next to L, step L to left side,
6,7 Rock R across L, recover L back ¼ turn right, [3.00]
8&1 Make a triple turn ¼ right: stepping R fwd turning a ¼ turn right, step L next to R, step R to right side [6.00]

2 ROCK ACROSS. RECOVER. CHASSE ¼ LEFT. FULL TURN LEFT. SWEEP

- 2,3 Rock L across R, recover R back,
4&5 Step L to left side, step R next to L, step L fwd turning ¼ left, [3.00]
6,7 Step R back turning a ½ left, step L fwd turning ½ left, [3.00]
8 Sweep R from back to front raising on L toe [3.00]

3 CROSS. BACK. &. CROSS SHUFFLE. R LOCKSTEP BACK. L LOCKSTEP BACK.

- 1,2& Step R across L, step L back, step R to right side,
3&4 Step L across R, step R to right side, step L across R,
5&6 Step R back, step L across R, step R back,
7&8 Step L back, step R across L, step L back [3.00]

4 ROCK BACK. RECOVER FWD. SAMBA STEP. CROSS. &. CROSS. &. CROSS. & CROSS.

- 1,2 Rock R back, recover L fwd,
3&4 Rock R across L, recover L to left side, step R to right side,
5&6& Step L across R, step R to right side, step L across R, step R to right side,
7&8 Step L across R, step R to right side, step L across R [3.00]

Optional style note:

Sweep hands from sides forward, up, out and around in counts 5 to 8 [Cross shuffles]

5 LUNGE FWD. STEP BACK. COASTER STEP. ROCK. RECOVER. CHASSE ¼ LEFT

- 1,2 Lunge R to right diagonal punching L fwd, step L back,
3&4 Step R back, step L next to R, step R fwd,
5,6 Rock L to right diagonal, recover R back,
7&8 Step L to left side, step R next to L, step L fwd turn ¼ left [12.00]

Add a 4 count bridge and restart here during wall 4, facing 6.00 [Bridge 2]

CROSS; BACK; SIDE; CROSS

6 CROSS. HOLD. BACK. SIDE. CROSS. BACK. &. CROSS SHUFFLE

- 1,2 Step R across L, hold,
- 3,4 Step L back, step R to right side,
- 5,6 Step L across R, step R back,

Add a 2 count bridge and restart here during wall 2, facing 3.00 [Bridge 1]

STEP L; TOUCH R

- & step L to left side,
- 7&8 Step R across L, step L to left side, step R across L [12.00]

7 ROCK FWD. RECOVER. SIDE ¼ LEFT. SWEEP. CROSS. BACK. SHUFFLE ½ RIGHT

- 1,2 Rock L fwd, recover R back,
- 3,4 Step L to left side turn ¼ left, sweep R across L,[9.00]
- 5,6 Step R across L, step L back,
- 7&8 Turning ½ right step R fwd, step L next to R, step R fwd [3.00]

8 ROCK L FWD. RECOVER R BACK. SHUFFLE BACK. ROCK BACK. RECOVER. & . OUT.

TOUCH R TO L

- 1,2 Rock L fwd, recover R back,
- 3&4 Step L back, step R next to L, step L back,
- 5,6 Rock R back, recover L fwd,
- &7,8 Jump R out, step L to left side, touch R to L [3.00]

START AGAIN

TAG 1:

Added after wall 1, facing 3.00 and wall 3, facing 6.00-

ROCK R FWD; RECOVER; TRIPLE BACK; ROCK BACK; RECOVER; TRIPLE FWD; FULL PIVOT TURN LEFT

1

- 1,2 Rock R fwd, recover L back,
- 3&4 Triple step back stepping R, L, R,
- 5,6 Rock L back, recover R fwd,
- 7&8 Triple step fwd stepping L, R, L

2

1,2,3,4 Step R fwd, step L fwd ½ turn left, step R fwd, step L fwd ½ turn left

BRIDGE 1:

Added during wall 2, after count 6, sec. 6, facing 3.00 -

STEP L; TOUCH R

- 1,2 Step L to left side, touch R to L

BRIDGE 2:

Added during wall 4, after sec. 5, facing 6.00 –

CROSS; BACK; SIDE; CROSS

1,2,3,4 Step R across L, step L back, step R to right side, step L across R

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YouTube-<http://www.youtube.com/user/LinedanceInTheStrand>