

Forever Young.

32 Counts, 2 Wall, Beginner level linedance.

Choreographer- Martie Papendorf. South Africa. Oct. 2012.

Music- Forever Young. Rod Stewart. 4:05

102 bpm

Search for music-   

1 Restart

Start on vocals.

Joyce Chang –

<http://www.youtube.com/watch?v=7ky1mw3ly9Q>

Candy Tan-

http://youtu.be/IP-Uo_fQkU

Music video-

<http://www.youtube.com/watch?v=-mMMkescgG8>

1 Rock across back, Back lock back, Rock back fwd, Fwd lock fwd

- 1,2 Rock L across R, Recover R back,
- 3&4 Step L back, Lock R across L, Step L back,
- 5,6 Rock R back, Recover L fwd,
- 7&8 Step R fwd, Lock L behind R, Step R fwd

2 Cross, Side, Sailor ½ left, Cross, Side, Sailor step across

- 1,2 Step L across R, Step R to right side,
- 3&4 Sweep and step L behind R making a ¼ turn left, [9.00]
Rock R to right side making a ¼ turn left [6.00], Recover L to left side,
- 5,6 Step R across L, Step L to left side,
- 7&8 Sweep R out and step behind L, Step L to left side, Step R across L

Restart here during wall 8 facing 12.00

3 Side, Together, Fwd, Lock, Fwd, Step, Pivot ¼ left, Coaster cross

- 1,2 Step L to left side, Close R to L,
- 3&4 Step L fwd, Lock R behind L, Step L fwd,
- 5,6 Step R fwd, Make a ¼ pivot turn left [weight to L][3.00],
- 7&8 Step R back, Close L to R, Step R across L

4 Step, Hitch, Cross, Back ¼ right, Side, Cross, Hold, Step, Cross, Side

- 1,2 Step L fwd, Hitch R knee,
- 3&4 Step R across L, Step L back making a ¼ turn right [6.00], Step R to right side,
- 5,6 Step L across R, Hold,
- &7,8 Step R to right side, Step L across R, Step R to right side

Restart: after section 2 during wall 8, facing 12.00