

## GB Shuffle (P) Rev.1

Choreography: Michael Schmidt (2017-03)

Description: 32 count / circle / partner dance

Music: **My Life For Country Music – Country Gabi** [101 bpm] (02:42) ([www.countrygabi.de](http://www.countrygabi.de))

Alternative: **American Love** - Jake Owen [100 bpm] (03:15) ()

**Eat Sleep Love You Repeat** - Rodney Atkins [103 bpm] (02:30) ()

**This Time** - David Ball [109 bpm] (03:44) ()

Info: (*Mainsong: 16 counts Intro*) Start with Lyrics. Start in Promenade Position. Both facing LOD.  
Opposite footwork unless otherwise stated.

### 1-8 Walk, Walk, Shuffle, Side, Together, Shuffle

1-2 **M:** Walk Right, Left

**L:** Walk Left, Right

3&4 **M:** Step Right forward, Step Left together, Step Right forward

**L:** Step Left forward, Step Right together, Step Left forward

5-6 **M:** Step Left side, Step Right together

**L:** Step Right side, Step Left together

7&8 **M:** Step Left forward, Step Right together, Step Left forward

**L:** Step Right forward, Step Left together, Step Right forward

### 9-16 Rock, Recover, Shuffle 1/2 Turn, Shuffle 1/2 Turn, Rock Back, Recover

1-2 **M:** Rock Right forward, Recover onto Left

**L:** Rock Left forward, Recover onto Right

3&4 **M:** ¼ Turn right stepping Right side, Step Left together, ¼ Turn stepping Right forward (RLOD)

**L:** ¼ Turn left stepping Left side, Step Right together, ¼ Turn left stepping Left forward (RLOD)

5&6 **M:** ¼ Turn right stepping Left side, Step Right together, ¼ Turn stepping Left back (LOD)

**L:** ¼ Turn left stepping Right side, Step Left together, ¼ Turn stepping Right back (LOD)

7-8 **M:** Rock Right back, Recover onto Left

**L:** Rock Left back, Recover onto Right

*release hands on count 3; rejoin inside hands on count 7*

### 17-24 Walk, Walk, Shuffle, Rock, Recover, Shuffle 1/2 Turn

1-2 **M:** Walk Right, Left

**L:** Walk Left, Right

3&4 **M:** Step Right forward, Step Left together, Step Right forward

**L:** Step Left forward, Step Right together, Step Left forward

5-6 **M:** Rock Left forward, Recover onto Right

**L:** Rock Right forward, Recover onto Left

7&8 **M:** ¼ Turn left stepping Left side, Step Right together, ¼ Turn left stepping Left forward (RLOD)

**L:** ¼ Turn right stepping Right side, Step Left together, ¼ Turn stepping Right forward (RLOD)

*release hands on count 7*

### 25-32 Step, 1/4 Turn, Cross Shuffle, Side, Behind, 1/4 Turn Shuffle

1-2 **M:** Step Right forward, ¼ Turn left (*Weight on Left*) (OLOD)

**L:** Step Left forward, ¼ Turn right (*Weight on Right*) (ILOD)

3&4 **M:** Cross Right over Left, Step Left together, Cross Right over Left

**L:** Cross Left over Right, Step Right together, Step Left over Right

5-6 **M:** Step Left side, Cross Right behind Left

**L:** Step Right side, Cross Left behind Right

7&8 **M:** ¼ Turn left stepping Left forward, Step Right together, Step Left forward (LOD)

**L:** ¼ Turn right stepping Right forward, Step Left together, Step Right forward (LOD)

*rejoin hands into Double Hand Hold Pos. on count 2, release front hands on count 7*

.... **hold your girl, smile & have fun**

!! For the mainsong, please visit & contact [www.countrygabi.de](http://www.countrygabi.de)