



# GET YOUR FEET DOWN



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**Description** : Advanced Line Dance  
**Count** : 132 Phrased - 2 walls  
**Choreographer** : Michelle Chandonnet  
**Music** : 1,2,3 – Ann Tayler (180 BPM)  
**Start** : On vocals - Count 33

**SEQUENCES** : ABCD (1-132)    ABCD (1-132)    A (1-32)    D (101-132)  
                   BCD (33-132)    CD (69-132)    END (117-132)

## SECTION A – 1 - 32

### 1-8 HEEL, HOOK, HEEL, TAP, RIGHT GRAPEVINE, TAP

1-4 Touch R heel forward, Hook R in front of left leg, Touch R heel forward, Tap R beside left  
 5-8 Step R to right, Step L behind right, Step R to right, Tap L beside right

### 9-16 HEEL, HOOK HEEL, TAP, LEFT GRAPEVINE, SCUFF

1-4 Touch L heel forward, Hook L in front of right leg, Touch L heel forward, Tap L beside right  
 5-8 Step L to left, Step R behind left, Step L to left, Scuff R

### 17-24 ROCK & CHAIR, DIAGONAL STEP, TAP, DIAGONAL STEP, TAP

1-2 Rock R forward, Recover on L  
 3-4 Rock R back, Recover on L  
 5-8 Step R forward diagonal, Tap L beside right  
 5-8 Step L forward diagonal, Tap R beside left

### 25-32 KICK, BACK CROSS (4 X)

1-2 Kick R forward diagonal, Step R behind left  
 3-4 Kick L forward diagonal, Step L behind right  
 5-8 Repeat 1 to 4

## SECTION B – 33 - 68

### 33-40 SIDE, SLIDE TOGETHER, CROSS, CLAP, SIDE, SLIDE TOGETHER, CROSS, CLAP

1-4 Step R to right, Slide G beside right, Step R croisé in front of le pied left, Clap  
 5-8 Step L to left, Slide D beside left, Step L croisé in front of le pied right, Clap

### 41-48 BACK, LOCK, BACK, KICK, BACK, LOCK, BACK, KICK

1-4 Step R back, Slide L in front of right, Step R back, Kick L forward  
 5-8 Step L back, Slide R in front of left, Step L back, Kick R forward

### 49-56 STEP, PIVOT 1/4 TURN, STEP, PIVOT 1/4 TURN, WALK, WALK, DOUBLE KICK

1-4 Step R forward, Pivot 1/4 turn to left, Step R forward, Pivot 1/4 turn to left  
 5-6 Steps RL forward  
 7-8 Double Kick R forward

### 57-64 BACK, TOGETHER, STEP, TOGETHER, TWIST, TWIST, TWIST, TWIST

1-4 Step R back, Step L beside right, Step R forward, Step L beside right  
 5-8 Twist heels to right, Twist heel to center, Twist heel to left, Twist heels to center

### 65-68 MONTERY TURN

1-2 Point R to right, Pivot 1/2 turn to right on L stepping R beside left  
 3-4 Point L to left, Step L beside right

## **SECTION C – 69 - 100**

### **69-76 STOMPS, CLAPS (4 X)**

- 1-8 Stomp R forward, Clap, Stomp L forward, Clap, Stomp, R forward, Clap, Stomp L forward, Clap  
*Singing 1, 2, 3, 4 on Stomps*

### **77-84 BACK TOE STRUTS**

- 1-4 Touch R toes back, Drop R heel, Touch L toes back, Drop L heel  
5-8 Touch R toes back, Drop R heel, Touch L toes back, Drop L heel

### **85-92 STEP FORWARD, CLAP, STEP 1/2 TURN, CLAP, STEP 1/2 TURN, CLAP, STEP FORWARD, CLAP**

- 1-4 Step R forward, Clap, Step L back 1/2 turn to right, Clap  
5-8 Step R forward 1/2 turn to right, Clap, Step L forward, Clap  
*En chantant 3, 4, 5, 6 sur les Steps*

### **93-100 CROSS TOE STRUTS**

- 1-4 Touch R toes in front of left, Drop R heel, Touch L toes to left, Drop L heel  
5-8 Touch R toes in front of left, Drop R heel, Touch L toes to left, Drop L heel

## **SECTION D – 101 - 132**

### **101-108 STEPS, PIVOTS MAKING 3/4 TURN LEFT**

#### ***Step and pivot 3/4 turn to left on 8 counts***

- 1-8 Step R forward, Pivot 1/8 turn to left  
3-4 Step R forward, Pivot 1/8 turn to left  
5-6 Step R forward, Pivot 1/4 turn to left  
7-8 Step R forward, Pivot 1/4 turn to left

### **109-116 STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF**

- 1-4 Step R forward, Slide L behind right, Step R forward, Scuff L  
5-8 Step L forward, Slide R behind left, Step L forward, Scuff R

### **117-124 TOE INSTEP, SCUFF, STEP, TOE INSTEP, SCUFF (2X)**

- 1-2 Touch R instep beside left, Scuff R beside left  
&3-4 Step R together, Touch L instep beside right, Scuff L beside left  
&5-6 Step L together, Touch R instep beside left, Scuff R beside left  
&7-8 Step R together, Touch L instep beside right, Scuff L beside riht

### **125-132 LEFT GRAPEVINE, RIGHT GRAPEVINE 1/4 TURN**

- 1-4 Step L to left, Step R behind left, Step L to left, Scuff R  
5-8 Step R to right, Step L behind right, Step R 1/4 turn to right, Step L together