



Go Seven

Choreographed by Ria Vos

Description: 32 count, 4 wall, beginner line dance

Music: **Seven Lonely Days** by Bouke [CD: For The Good Times / Available on iTunes]

Go by The Refreshments [CD: It's Gotta Be Both Rock 'n' Roll - Best of The Refreshments / Available on iTunes]
Start dancing on lyrics

RIGHT HEEL GRIND, FORWARD, COASTER STEP, LEFT ROCK FORWARD, SHUFFLE TURN ½ LEFT

1-2 Rock right heel forward, recover to left
3&4 Right coaster step
5-6 Rock left forward, recover to right
7&8 Triple in place left-right-left turning ½ left (6:00)

RIGHT HEEL GRIND FORWARD, COASTER STEP, POINT FORWARD, POINT SIDE, & SIDE POINT, HITCH

1-2 Rock right heel forward, recover to left
3&4 Right coaster step
5-6 Touch left forward, touch left side
&7-8 Step left together, touch right side, hitch right knee

CHASSE RIGHT, ROCK BACK, SIDE, HOLD/CLAP & SIDE, HOLD/CLAP

1&2 Chassé side right-left-right
3-4 Rock left back, recover to right
5-6 Step left side, clap
&7-8 Step right together, step left side, clap

JAZZ BOX TURN ¼ RIGHT, POINT, STEP FORWARD, POINT, STEP FORWARD

1-2 Cross right over left, step left back
3-4 Turn ¼ right and step right side, cross left over right (9:00)
5-6 Touch right side, step right forward
7-8 Touch left side, step left forward

REPEAT

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