



Hairspray

Choreographed by Simon Ward & Rachael McEnaney

Description: Phrased, 1 wall, intermediate/advanced line dance

Music: **You Can't Stop The Beat** by The Cast Of Hairspray [CD: Hairspray
Movie Soundtrack / Available on iTunes]

Position: Dance starts facing the back wall

Sequence: 16-count intro, C, ABC, AB, AB, Tag, AAB, Tag, BB
Start dancing on lyrics

PART A

DIAGONAL LOCK STEPS LEFT AND RIGHT

- 1-4 Turn 1/8 left and step right forward, lock left behind right, step
right forward, turn ¼ right and hitch left knee (1:30)
5-8 Step left forward, lock right behind left, step left forward, turn ¼
left and hitch right knee (10:30)

CROSS/ROCK, HOLD, RECOVER, HOLD, SAILOR TURN ¼ RIGHT

- 1-4 Cross/rock right over left, hold, recover to left, turn 1/8 right and
sweep right front to back (12:00)
5-8 Right sailor step turning ¼ right, hold (3:00)

FORWARD COASTER STEP, HOLD, RIGHT COASTER CROSS, HOLD

- 1-4 Step left forward, step right together, step left back, hold
5-8 Step right back, step left together, cross right over left, hold

LEFT SCISSOR STEP, HOLD, ¼ TURN LEFT, STEP RIGHT FORWARD, ¼ TURN

- 1-4 Step left side, step right together, cross left over right, hold
5-8 Step right side, turn ¼ left and step left back, turn ½ left and step
right forward, turn ¼ left (weight to left) (3:00)

SHUFFLE FORWARD RIGHT, ½ RIGHT SHUFFLE BACK, ¼ RIGHT CHASSE RIGHT, CROSS/ROCK LEFT, RECOVER

- 1&2 Chassé forward right-left-right
3&4 Turn ½ right and chassé back left-right-left (9:00)
5&6 Turn ¼ right and chassé side right-left-right (12:00)
7-8 Cross/rock left over right, recover to right

For alternate steps on shuffles, do toe struts or step holds

TURN ¼ LEFT SHUFFLE FORWARD LEFT, ½ LEFT SHUFFLE BACK, ¼ LEFT CHASSE LEFT, CROSS/ROCK RIGHT, RECOVER

- 1&2 Turn ¼ left and chassé forward left-right-left (9:00)
3&4 Turn ½ left and chassé back right-left-right (3:00)
5&6 Turn ¼ left and chassé side left-right-left (12:00)
7-8 Cross/rock right over left, recover to left

For alternate steps on shuffles, do toe struts or step holds

SIDE ROCK RIGHT, RECOVER, ROCK RIGHT BACK, RECOVER, STEP RIGHT FORWARD, ¼ TURN, STEP RIGHT FORWARD, ¼ TURN

- 1-4 Rock right side, recover to left, rock right back, recover to left
5-8 Step right forward, turn ¼ left (weight to left), step right forward,
turn ¼ left (weight to left) (6:00)

ROCK RIGHT FORWARD, RECOVER, ROCK RIGHT BACK, RECOVER, STEP RIGHT FORWARD, ¼ TURN, STEP RIGHT FORWARD, ¼ TURN

- 1-4 Rock right forward, recover to left, rock right back, recover to left
5-8 Step right forward, turn ¼ left (weight to left), step right forward,
turn ¼ left (weight to left) (12:00)

RIGHT TOE STRUT, ROCK LEFT SIDE, RECOVER, LEFT TOE STRUT, ROCK RIGHT SIDE, RECOVER

- 1-4 Step right toe forward, drop right heel, rock left side, recover to
right
5-8 Step left toe forward, drop left heel, rock right side, recover to
left

JAZZ BOX, STOMP RIGHT, STOMP LEFT, CLAP TWICE

- 1-4 Cross right over left, step left back, step right slightly side, step left slightly forward
5-8 Stomp right slightly side, stomp left slightly side, clap, clap (like brushing dirt off hands)

PART B

GRAPEVINE RIGHT, HIP ROLL LEFT-RIGHT-LEFT-RIGHT

- 1-4 Step right side, cross left behind right, step right side, touch left slightly side
5-8 Hold (roll hips around to the left, going left-right-left-right)

GRAPEVINE LEFT, BEND RIGHT KNEE, BEND LEFT KNEE SHAKING HANDS

- 1-4 Step left side, cross right behind left, step left side, touch right together
5-8 Step right together (bend left knee), hold, step left together (bend right knee), hold

Shake hands like they are wet on counts 5-8

¼ TURN, TOUCH, ¼ TURN, TOUCH SHIMMYING SHOULDERS, ¼ TURN, TOUCH, ¼ TURN, TOUCH SHIMMYING SHOULDERS

- 1-4 Step right forward, turn ¼ left and touch left together (shimmy) (9:00)
3-4 Step left side, turn ¼ left and touch right together (shimmy) (6:00)
5-6 Step right forward, turn ¼ left and touch left together (shimmy) (3:00)
7-8 Step left side, turn ¼ left and touch right together (shimmy) (12:00)

RIGHT SIDE, HOLD RAISING RIGHT ARM, POINT RIGHT HAND TO FRONT, HOLD, BUMP HIPS RIGHT, LEFT

- 1-4 Step right side, hold (raise right arm to right and straight above head)
5-8 Hold (lower right arm in front of you and point to the front), hold, hip right, hip left

TRIPLE STEPS X 4 TURNING 1/8 LEFT

- 1&2 Step right slightly side, step left together, step right together
Right index & middle finger go across right eye
3&4 Step left slightly side, step right together, step left together
Left index & middle finger go across left eye
5&6 Turn 1/8 left and step right slightly side, step left together, step right together (10:30)

Right arm moves in freestyle swim motion

- 7&8 Step left slightly side, step right together, step left together

Left arm moves in freestyle swim motion

For alternate steps on triple steps do toe struts or step, touches

TURN 1/8 RIGHT, STEP RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT, STOMP RIGHT LOOKING TO FRONT HOLD

- 1&2 Turn 1/8 left and step right slightly side, step left together, step right together (9:00)

Or step touch. Right hand hitch a ride

- 3&4 Step left slightly side, step right together, step left together

Left hand hitch a ride

- 5-8 Stomp right side (hands out at waist height, and look to 12:00 wall), hold (9:00)

CROSS/ROCK LEFT, RECOVER, CHASSE LEFT, CROSS/ROCK RIGHT, RECOVER, CHASSE RIGHT ¼ TURN

- 1-2 Cross/rock left over right, recover to right
3&4 Chassé side left-right-left
5-6 Cross/rock right over left, recover to left
7&8 Chassé side right-left-right turning ¼ right (12:00)

STEP LEFT FORWARD, ½ TURN HEEL TOUCHES, STEP RIGHT FORWARD, LEFT, RIGHT, KICK LEFT FORWARD

- 1-4 Step left forward, swivel turn ½ right over 3 counts (bounce heels 3 times during the 3-count swivel turn) (weight to left) (6:00)
5-8 Step right forward, step left forward, step right forward, kick left forward

LEFT SIDE, CROSS, LEFT SIDE, KICK, RIGHT SIDE, CROSS, RIGHT SIDE, KICK

Turn slightly left

1-4 Step left side, cross right over left, step left side, kick right diagonally forward (to the right) (6:00)

Turn slightly right

5-8 Step right side, cross left over right, step right side, kick left diagonally forward (to the left) (6:00)

LEFT SIDE, CROSS, LEFT SIDE, KICK, RIGHT SIDE, CROSS, RIGHT SIDE, ½ TURN LEFT STEPPING TO LEFT

These 8 counts are your tag. You repeat these steps at this stage of the dance on the 2nd and 3rd time you perform B

Turn slightly left

1-4 Step left side, cross right over left, step left side, kick right diagonally forward (to the right) (6:00)

5-8 Step right side, cross left over right, step right side, turn ½ left and step left side (12:00)

The 1st time you perform B, touch left together on count 8 to restart C facing the back wall

PART C

LEFT SIDE BUMP LEFT, HOLD, BUMP RIGHT, HOLD, BUMP LEFT, HOLD, BUMP RIGHT, HOLD

1-4 Step left side and hip left, hold, hip right, hold

5-8 Hip left, hold, hip right, hold

BUMP LEFT, HOLD, BUMP RIGHT, HOLD, BUMP LEFT, BUMP RIGHT, LOCK/STEP, TURN ½ LEFT

1-4 Hip left, hold, hip right, hold

5-8 Hip left, hip right, lock left behind right, unwind ½ left (weight to right) (12:00)

Simon Ward | EMail: bellychops@hotmail.com

Address: Sydney, NSW, Australia

Rachael McEnaney | EMail: rachaelmc@live-2-dance.com | Website:

<http://www.dancejam.co.uk>

Address: Mack, Green Willows, The Brickyards, Stamford Bridge, York YO41 1HZ,

England | Phone: 07968 181933

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