

"Heidi"

Choreographer: Marie Sprensen (Sunshine Cowgirl) Denmark - August 2012

2 Wall - Improver - 64 Counts

Music: "Heidi" By Kurt Darren

www.itunes.com

Intro: 16 Counts

Point, Hitch, Point, Hitch, Ball Change, Point, Hitch ¼ Turn, Hold

1-2 Point Right to Right side, hitch Right up & in front of Left

3-4 Point Right to Right side, hitch Right up & in front of Left

&5-6 Step Right beside Left, point Left to Left side, hitch Left up & in front of Right

7-8 ¼ turn Left on the ball of Right, point Left toe forward, hold (09:00)

Step Back, Sweep, Step Back, Sweep, Rock, Recover, Run, Run

1-2 Step back on Left, sweep Right back

3-4 Step back on Right, sweep Left back

5-6 Rock back on Left, recover

7-8 Run forward Left, Right (09:00)

Sugar Foot Left, Step Together, Sugar Foot Right, Step Together

1-2 Tap Left toe beside Right (Knee in) Tap Left heel beside Right (Knee out)

3-4 Tap Left toe beside Right (Knee in) step Left beside Right

5 - 6 Tap Right toe beside Left (Knee in) Tap Right heel beside Left (Knee out)

7-8 Tap Right toe beside Left (Knee in) step Right beside Left (09:00)

Samba Step Left, Right, Jazz Box ½ Turn Left

1&2 Cross Left over Right, rock Right to the Right side, recover

3&4 Cross Right over Left, rock Left to Left side, recover

5-6 Cross Left over Right, ¼ turn Left, step back on Right

7-8 ¼ turn Left, step fwd. Left, step Right beside Left (03:00)

Samba Step Left, Right, Jazz Box ½ Turn Left

1&2 Cross Left over Right, rock Right to the Right side, recover

3&4 Cross Right over Left, rock Left to Left side, recover

5-6 Cross Left over Right, ¼ turn Left, step back on Right

7-8 ¼ turn Left, step fwd. Left, step Right beside Left (09:00)

Side, Behind, Heel Jacks, Kick, Kick, Behind, Point

1-2 Step Left to Left side, cross Right behind Left

&3&4 Step Left to Left side, tap Right heel diagonal forward Right, step Right beside Left, cross Left in front of Right

5-6 Kick Right LOW diagonal forward Right, kick Right HIGH diagonal forward Right

7-8 Step Right behind Left, point Left to Left side (09:00)

Hitch, Point, Hitch, Point, ¼ Turn Left, Kick, Walk, Walk

1-2 Hitch Left up & in front of Right, point Left to Left side

3-4 Hitch Left up & in front of Right, point Left to Left side

5-6 ¼ turn Left on the ball of Right, kick Left forward
7-8 Step back Left, Right (06:00)

Rock Left, Recover, Jump Left, Right, Kick, Rock, Recover,

1-2 Back Rock Left, Recover

&3-4 Jump Left to Left side, jump Right to Right side, kick Left diagonal forward Left

5-6 Back Rock Left, Recover

&7-8 Jump Left to Left side, jump Right to Right side, cross Left over Right (06:00)

TAG: 40 Counts tag after wall 4, facing the front wall

Now the music slows down for the next 40 beats, listen, and follow the music.

1. Point, Hitch, Point, Hitch, Ball Change, Point, Hitch , Point Hitch

1-2 Point Right to Right side, hitch Right up & in front of Left

3-4 Point Right to Right side, hitch Right up & in front of Left

&5-6 Step Right beside Left, point Left to Left side, hitch Left up & in front of Right

7-8 Point Left to Left side, hitch Left up & in front of Right (12:00)

2. Ball Change, Heel, Together, Heel, Together, Heel Switches, Walk, Walk

&1-2 Step Left beside Right, tap Right heel Fwd. step Right beside Left

3-4 Tap Left heel fwd. step Left beside Right

5&6& Tap Right heel fwd. step Right beside Left, tap Left heel fwd. step Left beside Right

7-8 Step fwd. Right, Left (12:00)

Repeat section 1 and 2

Jazz Box Cross Over, Twice

1-2 Cross Right in front of Left, step back on Left

3-4 Step Right to Right side, cross Left in front of Right

5-6 Cross Right in front of Left, step back on Left

7-8 Step Right to Right side, cross Left in front of Right

Note: Thanks Joey for this music suggest !

Have Fun!

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