

# I FEEL FOREVER

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Choreographer: Erica de Vaan NL (nov. 2015)

Dance: 4 wall – line dance

Counts: 64

Info: 1 tag, 1 restart

Intro: 32 counts (starting from beats)

(Note: dance starts 2 counts before singing)

Music: "I feel forever" – Greg Holland

## Side, rock step, chassé R, rock step, chasse L

1 LF step L  
2 – 3 RF rock back – recover on L  
4 & 5 RF step R – LF close – RF step R  
6 – 7 LF rock fwd – recover on R  
8 & 1 LF step L – RF close – LF step L

## Rock step, shuffle fwd, shuffle 1/2 turn R (x2),

2 – 3 RF rock back – recover on L  
4 & 5 RF step fwd – LF close – RF step fwd  
6 & 7 LF step ¼ R – RF close – LF step ¼ R  
8 & 1 RF step ¼ R – LF close – RF step ¼ R  
(Option count 4 - 1: 3x shuffle fwd)

## Rock step, step back, slide, rock step, shuffle fwd

2 – 3 LF rock fwd – recover on R  
4 – 5 LF step back – RF slide to LF  
6 – 7 RF rock back – recover on L  
8 & 1 RF step fwd – LF close – RF step fwd

## Pivot 1/4 R, cross, hold, hip sways, chassé R

2 – 3 LF step fwd – LV&RV ¼ turn R  
4 – 5 LF cross over – Hold  
6 – 7 RF step R and sway hip R – L  
8 & 1 RF side step – LF close – RF side step

## Restart in the 5<sup>th</sup> wall: [3]

(you can hear it in the music, different melody)

Dance count 6 - 7 from section 4

and finish with:

8 Sway hip to the R

Start over with the dance:

1 LF step L

## Points, coaster step 1/4 L, walk R L, shuffle fwd

2 – 3 LF touch fwd – LF touch L  
4 & 5 LF ¼ L step back – RF close – LF step fwd  
6 – 7 RF step fwd – LF step fwd  
8 & 1 RF step fwd – LF close – RF step fwd

## Rock step, sailor step (x2), sailor step 1/4 L

2 – 3 LF rock fwd – recover on R  
4 & 5 LF cross behind – RF step out – LF step out  
6 & 7 RF cross behind – LF step out – RF step out  
8 & 1 LF cross behind ¼ L – RF step out – LF step out

## Paddle with hiproll 3x in 1/2 turn L, shuffle fwd

2 – 3 RF step fwd on ball – weight back on LF 1/6 L  
4 – 5 RF step fwd on ball – weight back on LF 1/6 L  
6 – 7 RF step fwd on ball - weight back on LF 1/6 L  
8 & 1 RF step fwd – LF close – RF step fwd

Paddle turn: roll your hips

## Rock step, step back, slide, slow coaster cross

2 – 3 LF rock fwd – recover on R  
4 – 5 LF step back – RF slide to LF  
6 – 7 RF step back – LF close  
8 RF cross over

## START AGAIN! (1 LF step L)

Tag: Do the dance 2x competely [6] and than add this Tag (12 counts):

## Side, rock step, chassé ¼ R, step, pivot ½ R, ¼ R chassé L, Step R, slide

1 LF step L  
2 – 3 RF rock back – recover on L  
4 & 5 RF step R – LF close – RF step ¼ R  
6 – 7 LF step fwd – LV&RV turn ½ R  
8 & 1 LF ¼ R step L – RF close – LF step L  
2 – 3 – 4 RF big step R – LF slide to RF (2 counts)  
Start the dance again [6]

Finish: the dance ends in the 7th wall [6] :

after the sailorsteps (count 6 & 7 section 6), dance a sailorstep 1/2 turn L [12], RF rock fwd, recover on L, RF slide across