



I'm No Good

Choreographed by Rachael McEnaney

Description: 64 count, 2 wall, intermediate line dance

Music: I'm No Good by Laura Bell Bundy [CD: Achin' and Shakin' / Available on iTunes]

Count In: 32

STEP RIGHT, LEFT, RIGHT FORWARD ROCK, RIGHT COASTER STEP, STEP LEFT, ½ PIVOT TURN RIGHT, WEIGHT ENDS RIGHT

- 1-2-3-4 Step right forward, step left forward, rock right forward, recover to left
 5&6-7-8 Step right back, step left together, step right forward, step left forward, turn ½ right (weight to right) (6:00)

STEP LEFT, RIGHT, LEFT FORWARD ROCK, LEFT COASTER STEP, STEP RIGHT, ¼ PIVOT LEFT, WEIGHT ENDS LEFT

- 1-2-3-4 Step left forward, step right forward, rock left forward, recover to right
 5&6-7-8 Step left back, step right together, step left forward, step right forward, turn ¼ left (weight to left) (3:00)

WEAVE CROSSING RIGHT OVER, LEFT SIDE, RIGHT BEHIND, TURN ¼ LEFT FORWARD LEFT, ROCK FORWARD RIGHT, TURN ½ RIGHT, TURN ¼ RIGHT, WEIGHT LEFT

- 1-2-3-4 Cross right over left, step left to side, cross right behind left, turn ¼ left and step left forward (12:00)
 5-6-7-8 Rock right forward, recover to left, turn ½ right and step right forward, turn ¼ right and step left to side (9:00)

CROSS RIGHT BEHIND, SIDE LEFT, RIGHT CROSSING SHUFFLE, LEFT SIDE ROCK, LEFT CROSSING SHUFFLE, WEIGHT ENDS LEFT

- 1-2-3&4 Cross right behind left, step left to side, cross right over left, step left together, cross right over left
 5-6-7&8 Rock left to side, recover to right, cross left over right, step right together, cross left over right

RIGHT KICK BALL CROSS, SIDE RIGHT, TOUCH LEFT, LEFT KICK BALL CROSS, SIDE LEFT, TOUCH RIGHT, WEIGHT ENDS LEFT

- 1&2 Kick right diagonally forward, step right together, cross left over right
 3-4 Big step right to side, touch left together
 5&6 Kick left diagonally forward, step left together, cross right over left
 7-8 Big step left to side, touch right together

2 RIGHT HEEL TOUCHES, 2 LEFT HEEL TOUCHES, RIGHT HEEL, LEFT HEEL, ROCK FORWARD RIGHT,, WEIGHT ENDS LEFT

- 1-2&3-4 Touch right heel forward, touch right heel forward, step right together, touch left heel forward, touch left heel forward
 &5&6 Step left together, touch right heel forward, step right together, touch left heel forward
 &7-8 Step left together, rock right forward, recover to left

RIGHT BACK SHUFFLE, LEFT BACK ROCK, TURN ½ RIGHT DOING LEFT SHUFFLE, TURN ¼ RIGHT DOING RIGHT CHASSE, WEIGHT ENDS RIGHT

- 1&2-3-4 Step right back, step left together, step right back, rock left back, recover to right
 5&6 Turn ¼ right and step left to side, step right together, turn ¼ right and step left back (3:00)
 7&8 Turn ¼ right and step right to side, step left together, step right to side (6:00)

LEFT JAZZ BOX CROSS, LEFT CHASSE, RIGHT BACK ROCK

- 1-2-3-4 Cross left over right, step right back, step left to side, cross right over left
 5&6-7-8 Step left to side, step right together, step left to side, rock right back, recover to left

REPEAT

TAG

At the end of the 1st wall (6:00), 2nd wall (12:00), and 3rd wall (6:00)

- 1-2-3-4 Step right forward, turn ¼ left (weight to left), step right forward, turn ¼ left (weight to left)
 5-6-7-8 Step right forward, turn ¼ left (weight to left), step right forward, turn ¼ left (weight to left)

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