

"Injit Injit"

Choreographer: Marie Sprensen (Sunshine Cowgirl) Denmark - July 2012

4 Wall - Improver - 32 Counts

Music: "Injit Injit" By Cees Tan

Intro: 16 Counts

No Tags, No restart !

I have permission from Cees Tan to provide interested linedance instructors this music teaching purposes - Send me an e.mail sunshinecowgirl1960@gmail.com

Rumba Box

1-2 Step Right to Right side, step Left beside Right

3-4 Step back on Right, hold

5-6 Step Left to Left side, step Right beside left

7-8 Step fwd. Left, hold (12:00)

Jazz box, Cross, Side, Slide, Rock, Recover

1-2 Cross Right in front of Left, step back on Left

3-4 Step Right to Right side, cross Left in front of Right

5-6 Step a long step to Right side, slide Left next to Right

7-8 Back rock Left, recover (12:00)

Slow Chasse ¼ Turn Left, Hold, Prizzy Walk with Hold

1-2 Step Left to Left side, step Right beside Left

3-4 ¼ turn Left, step fwd. Left, hold

5-6 Cross Right in front of Left, hold

7-8 Cross Left in front of Right, hold (09:00)

Sweep Fwd. Hold, Sweep Back, Hold, Coaster Step, Hold

1-2 Sweep Right in front of Left, hold (Weight on Left)

3-4 Sweep Right back, hold (Weight on Right)

5-6 Step back on Left, step Right beside Left

7-8 Step fwd. Left, hold (09:00)

Note: This dance is specially choreographed to Muriel Omlo-Grave Maker and her dancers from Holland !

Have Fun!

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