



## Inside Out

Choreographed by Kim Ray

**Description:** 32 count, 4 wall, beginner/intermediate line dance

**Music:** **On The Outside** by Roch Voisine

Start dancing on lyrics

### **CROSS ROCK/RECOVER, BALL CROSS, STEP SIDE, BACK CROSS, COASTER CROSS, CROSS**

- 1-2 Cross rock/lean right over left, recover left back
- &3-4 Step right slightly back & cross left over right, step right to right side
- &5-6 Facing left diagonal: step left back, cross right over left, step left back
- &7-8 Straightening up: step right back, cross left over right, cross right over left (7-8 traveling forward)

### **TRIPLE ½ TURN RIGHT, ROCK/RECOVER ¼ TURN LEFT, ROCK/RECOVER ½ TURN RIGHT, FULL TURN RIGHT**

- 1&2 Stepping left, right, side left - ½ turn right
- Restart here on wall 4*
- 3&4 Rock right back, recover on left, ¼ turn left stepping right to right side
  - 5&6 Rock left back, recover on right, ½ turn right stepping left in place
  - 7&8 Triple fully turn right stepping, right, left, right

### **BALL STEP FORWARD, RUN FORWARD, ROCK/RECOVER, COASTER CROSS, ROCK & CROSS**

- &1 Step left slightly forward, step right forward
- 2& Small step/run left forward, small step/run right forward
- 3-4 Rock/lean left forward, recover on right
- 5&6 Step left back, step right back, cross left over right
- 7&8 Side rock right, recover on left, cross right over left

### **BALL ½ TURN & SIDE STEP, & CROSS & ROCK/RECOVER, BALL CROSS UNWIND, BALL CROSS UNWIND**

- &1 ¼ turn right stepping left back, ¼ turn right stepping right to right side
- 2&3 Cross left over right, step right to right side, cross rock/lean left over right
- 4 Recover right back
- &5 Step left to left side, cross right over left
- 6 Unwind full turn left finishing with weight on right
- &7 Step left to left side, cross right over left
- 8& Unwind full turn left finishing with weight on right, step left to left side (steps &5 to 8& are traveling to left side)

### **REPEAT**

### **RESTART**

*Restart after count 10 on wall 4*