

"It`s a Heartache"

Choreographer: Marie Sprensen (Sunshine Cowgirl) Denmark - December 2013

4 Wall - Easy Improver - 32 Counts

Music: "It`s a Heartache" By Derek Ryan

Album: Dreamers and Believers

www.itunes.com

Intro: 16 Counts

VINE 1/4 TURN RIGHT, SCUFF, ROCKIN` CHAIR

1-2 Step right to right side, cross left behind right

3-4 1/4 turn right, step fwd. right, scuff left

5-6 Rock fwd. left, recover

7-8 Rock back left, recover (03:00)

STEP 1/4 TURN, WEAWE, SWEEP, BEHIND, POINT

1-2 Step fwd. left, 1/4 turn right (Weight on right)

3-4 Cross left over right, step right to right side

5-6 Cross left behind right, sweep right back

7-8 Cross right behind left, point left to left side (06:00)

CROSS, POINT, CROSS, POINT, JAZZ BOX, TOUCH

1-2 Cross left over right, point right to right side

3-4 Cross right over left, point left to left side

5-6 Cross left over right, step back on right

7-8 Step left next to right, touch right beside left (06:00)

Restart the dance at this point, during wall 4,5, 9 & 10

SIDE, DRAG, ROCK, RECOVER, 1/4 TURN, HOLD, SWAY, SWAY

1-2 Step right to right side, drag left up to right

3-4 Back rock left, recover

5-6 1/4 turn left, step fwd. left, hold

7-8 Step right to right side & and sway right, left (03:00)

RESTART:

During wall 4, after 24 counts - Facing 03:00

During wall 5, after 24 counts - Facing 09:00

During wall 9, after 24 counts - Facing 12:00

During wall 10, after 24 counts - Facing 06:00

Have Fun!

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