

"Jump Down - Turn Around"

Choreographer: Marie Sørensen (Sunshine Cowgirl) Denmark - November 2014

2 Wall - Improver/Beginner - 64 Counts/32 counts

You can cut the dance after the first 32 steps, and use it as a beginner dance.

Music: "Pick A Bale Cotton" By Derek Ryan

Album: The Simple Things

Buy the music: www.itunes.com

Intro: 64 Counts

No tags, No restart !

HEEL, HOOK, HEEL, FLICK, TRIPLE 1/4 TURN RIGHT

1-2 Tap right heel fwd. hook right in front of left

3-4 Tap right heel fwd. flick right back

5-6 1/4 turn right, step right to right side, step left next to right

7-8 Step right next to left, hold (03:00)

HEEL, HOOK, HEEL, FLICK, TRIPLE 1/4 TURN LEFT

1-2 Tap left heel fwd. hook left in front of right

3-4 Tap left heel fwd. flick left back

5-6 1/4 turn left, step left to left side, step right next to left

7-8 Step left next to right, hold (12:00)

HEEL, TOGETHER, HEEL, TOGETHER, JAZZ BOX 1/4 TURN R, CROSS

1-2 Tap right heel fwd. step right next to left

3-4 Tap left heel fwd. step left next to right

5-6 Cross right over left, step back on left

7-8 1/4 turn right, step right to right side, cross left over right (03:00)

MONTEREY 1/2 TURN RIGHT, HEEL, TOGETHER, HEEL, TOGETHER

1-2 Point right to right side, 1/2 turn right, (Weight on right)

3-4 Point left to left side, step left next to right

5-6 Tap right heel fwd. step right next to left

7-8 Tap left heel fwd. step left next to right (09:00)

You can cut the dance at this point, and use the first 32 steps as a beginner dance.

VINE, SCUFF, STOMP FWD. TAP, STEP BACK, HEEL

1-2 Step right to right side, step left behind right

3-4 Step right to right side, scuff left fwd.

5-6 Stomp fwd. left, tap right toe back & Clap

7-8 Step back on right, tap left heel fwd. & clap (06:00)

VINE 1/4 TURN LEFT, SCUFF, STOMP FWD. TAP, STEP BACK, HEEL

1-2 Step left to left side, cross right behind left

3-4 1/4 turn left, step fwd. left, scuff right fwd.

5-6 Stomp fwd. right, tap left toe back & clap

7-8 Step back on left, tap right heel fwd. & clap 06:00)

RUN BACK RIGHT, LEFT, RIGHT, HITCH, RUNN FWD. LEFT, RIGHT, LEFT, HOLD

1-2 Run back right, left

3-4 Run back right, hitch left and do a little jump

5-6 Run fwd. left, right

7-8 Run fwd. left, hold (06:00)

STOMP, HOLD, STOMP, HOLD, 3 X HEEL BOUNCE, HOLD

1-2 Stomp right to the right side, hold

3-4 Stomp left to the left side, hold

5-6-7-8 Heel bounce 3 times, hold (end with weight on left) (06:00)

No tags, no restart !

Have Fun!

Contact:

Email: sunshinecowgirl1960@gmail.com