



Ooh Poo Pah Doo

Choreographed by Violet Ray

Description: 48 count, 2 wall, beginner/intermediate line dance

Music: **Ooh Poo Pah Doo** by Taj Mahal [CD: Phantom Blues / Available on iTunes]

Begin the dance on the word "doo"

SIDE ROCK, RECOVER, SAILOR STEP (2X), KICK BALL STEP

- 1-2 Rock right foot out to right side, recover on left foot
- 3&4 Cross right foot behind left foot, step ball of left foot to left side, step right foot to right side
- 5&6 Cross left foot behind right foot, step ball of right foot to right side, step left foot to left side
- 7&8 Kick right foot forward, step ball of right foot next to left foot, step left foot forward

TOE STRUTS FORWARD (3X), KICK BALL CROSS

- 1-2 Touch ball of right foot forward, press right heel down
- 3-4 Touch ball of left foot forward, press left heel down
- 5-6 Touch ball of right foot forward, press right heel down
- 7&8 Kick left foot forward, step left foot next to right foot, cross right foot over left foot

UNWIND ½ LEFT WITH SHOULDER SHRUGS, COASTER STEP

- 1-6 Slowly unwind ½ to left on balls of both feet for 6 counts and at same time, shrug shoulders 6 times, ending with weight on right foot (6:00)

Styling: hold arms down and out to sides with palms down

- 7&8 Step left foot back, step right foot next to left foot, step left foot forward

LOCK STEPS FORWARD RIGHT & LEFT

- 1-2 Step right foot forward diagonally right, cross left foot behind right foot
- 3&4 Step right foot forward diagonally right, cross left foot behind right foot, step right foot forward diagonally right
- 5-6 Step left foot forward diagonally left, cross right foot behind left foot
- 7&8 Step left foot forward diagonally left, cross right foot behind left foot, step left foot forward diagonally left

ROCK, RECOVER, ½ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN

- 1-2 Rock forward on right foot, recover on left foot
- 3&4 Execute triple step while turning ½ right (right, left, right) (12:00)
- 5-6 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (3:00)
- 7-8 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (6:00)

ROCK, RECOVER, ½ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN

- 1-2 Rock forward on left foot, recover on right foot
- 3&4 Execute triple step while turning ½ to left (left, right, left) (12:00)
- 5-6 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (9:00)
- 7-8 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (6:00)

REPEAT

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