Shut Up and Dance

Count: 32 Wall: 4 Level Improver

Choreographer: Bobbey Willson (USA Nov 2014)

Music: Shut Up and Dance by Walk the Moon

Begin at Lyrics

Shuffle RLR Shuffle LRL, Step-turn Step-turn Rock-back Recover

1&2 3&4 Step fwd R, step L to R, step fwd R, step fwd L, step R to L, step fwd L 5 6 7 8 Step fwd R w/ 1/4 turn to left, step back L w/ 1/4 turn to left, back R, recover to L

Shuffle RLR Shuffle LRL, Step-turn Step-turn Step Step with Claps

1&2 3&4 Step fwd R, step L to R, step fwd R, step fwd L, step R to L, step fwd L

5 6 7 8 Step fwd R w/ 1/4 turn to left, step back L w/ 1/4 turn to left, slight stomps in place R, R (keep weight on L, can clap, clap with these 2 slight stomps)

R Grapevine Cross, Step Step Stomps w/Claps

- 1 2 3 4 Step R to side, cross L behind R, step R to side, cross L over R
- 5 6 7 8 Rock R to side, recover to L, rock back R, recover to L lifting R knee in air Restart Here During 6th and 10th Walls

Step Step-Back-turn Step-turn, Skates-back RLRL

- 1 2 3 4 Step fwd R, step back L w/ 1/4 turn to right, turn 1/4 to right step R, turn 1/4 right step fwd L
- 5 6 7 8 Steps back with slight back and forth, like skating: R, L, R, L (can motion with hands like "come dance with me")

Just Keep Moving! Feel free to shout out "Shut up and dance" with the song :-)

This song is very "lively". Steps are easy, so its fast....sound familiar?

Routine can be done without restarts, works "almost as well"...

Youtube with music: http://youtu.be/rfTVQ1Y9wNU

David: I guess some had trouble even getting the video with music on it, due to copyright issues, so I put out this one without the music..

Youtube without music: http://youtu.be/1UGWdiqa3eY (for outside of the USA)