

# SHUT UP AND DANCE

Music: Shut Up and Dance by Walk the Moon  
Dance Choreographed by Jill Weiss  
48 Count, 4 Wall, 2 easy restarts  
Improver level  
8 Count intro

## ROCKING CHAIR (WITH LOOK BACK!), SHUFFLE FORWARD, ROCK, RECOVER

1-2 Rock forward on right, recover to left  
3-4 Rock back on right, looking over your right shoulder, recover to left  
5&6-7-8 Shuffle forward R-L-R, rock forward on left, recover weight to right

## SHUFFLE BACK, ROCK/RECOVER, OUT-OUT WITH CLAP, HIP ROLL

1&2 Shuffle back L-R-L  
3-4 Rock back on right, recover to left  
&5-6 Quick hop out on right (&), quick hop out left next to right (5), clap and hold (6)  
7-8 Hip roll clockwise, ending weight on left

## CROSS ROCK, SIDE CHASSE RIGHT, CROSS ROCK, SIDE CHASSE ¼ LEFT

1-2 Cross rock right in front of left, recover to left  
3&4 Side shuffle to right R-L-R  
5-6 Cross rock left in front of right, recover to right  
7&8 Side shuffle to left, turning ¼ left L-R-L (9:00)

## TOE STRUTS FORWARD WITH HIP BUMPS, OUT-OUT, CLAP, HIP ROLL

1&2 Step right toe forward, drop heel down while bumping hip R-L-R  
3&4 Step left toe forward, drop heel down while bumping hip L-R-L  
&5-6 Quick hop out on right, quick hop out left next to right, clap and hold  
7-8 Hip roll clockwise, ending weight on left

## TWO ½ MONTEREY TURNS TO THE RIGHT (See below for alternate steps)

1 Touch toes of right to the right side  
2 Pivot ½ turn right on ball of left and step right next to left (3:00)  
3-4 Touch toes of left to left side, Step left next to right  
5 Touch toes of right to the right side  
6 Pivot ½ turn right on ball of left and step right next to left (9:00)  
7-8 Touch toes of left to left side, Step left next to right

## (RESTART HERE ON WALLS 3 AND 5)

### K STEPS, SCUFF RIGHT

1-2 Step R diagonal forward, touch left next to right  
3-4 Step L diagonal back, touch right next to left  
5-6 Step R diagonal back, touch left next to right  
7-8 Step L diagonal forward, scuff right, ready to begin again

### Alternate steps for Monterey turns (5th set of eight)

1-2 Touch right foot to right side, step right foot next to left  
3-4 Touch left foot to left side, step left foot next to right  
5-6 Touch right foot to right side, step right foot next to left  
7-8 Touch left foot to left side, step left foot next to right

Restart on walls 3 and 5 at count 40 – dance through the Monterey turns and omit the K Steps (last set of eight)