

"Supposed"

Choreographer: Marie Sørensen - Denmark (Sunshine Cowgirl) February 2016

Level: Intermediate (Nightclub)

32 Counts - 2 Walls

Music: "How Am I Supposed To Live Without You" By Michael Bolton

Buy the music on www.Itunes.com

Intro: 16 Counts

SIDE, NIGHTCLUB BASIC STEP, NIGHTCLUB BASIC STEP 1/4 TURN R, STEP 1/2 TURN STEP, ROCK, RECOVER, SIDE

1 Step right to the right side

2&3 Back rock left, recover, step left to the left side

4&5 Back rock right, recover, 1/4 turn right, step fwd. on right (03:00)

6&7 Step fwd. on left, 1/2 turn right (Weight on right), step fwd. on left (09:00)

8&1 Cross rock right over left, recover, step right to the right side (09:00)

CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER 1/4 TURN, FULL TURN, STEP FWD.

2&3 Cross rock left over right, recover, step left to the left side

4&5 Cross rock right over left, recover, step right to the right side

6&7 Cross rock left over right, recover, 1/4 turn left, step fwd. on left

8&1 1/2 turn left, step back on right, 1/2 turn left step fwd. on left, step fwd. on right (06:00)

Restart the dance at this point during wall 2, 5 and wall 8

STEP 1/4 TURN, CROSS, 1/2 TURN LEFT, CROSS, SCISSOR STEP, 1/2 TURN LEFT, CROSS

2&3 Step fwd. on left, 1/4 turn right, cross left over right (09:00)

4&5 1/4 turn left, step back on right (06:00), 1/4 turn left, step left to the left side, cross right over left (03:00)

6&7 Step left to the left side, step right next to left, cross left over right (03:00)

8&1 1/4 turn left, step back on right (12:00), 1/4 turn left, step left to the left side, cross right over left (09:00)

DIAGONAL ROCK, RECOVER, STEP BACK, RUN, RUN, RUN, COASTER STEP, STEP, CROSS

2&3 Rock diagonal fwd. on left (07.30), recover, step back on left (07.30),

4&5 Run back right, left, right (adjust facing to the back wall) (06:00)

6&7 Step back on left, step right next to left, step fwd. on left

8& Step fwd. on right, cross left over right (06:00)

There are 3 restarts:

During wall 2 - Restart the dance after 16 counts - Facing 12:00

During wall 5 - Restart the dance after 16 counts - Facing 06:00

During wall 8 - Restart the dance after 16 counts - Facing 12:00

TAG 1;

After wall 3 - there is a 12 counts tag - Facing the back wall

SIDE, NIGHTCLUB BASIC STEP, NIGHTCLUB BASIC STEP 1/4 TURN R, STEP 1/2 TURN STEP, ROCK, RECOVER, 1/4 TURN RIGHT

1 Step right to the right side

2&3 Back rock left, recover, step left to the left side

4&5 Back rock right, recover, 1/4 turn right, step fwd. on right

6&7 Step fwd. on left, 1/2 turn right (Weight on right), step fwd. on left

8&1 Cross rock right over left, recover, 1/4 turn right, step right to the right side (06:00)

SWAY LEFT, RIGHT, LEFT

2-3-4 Sway Left, right, left (08:00)

TAG 2:

After wall 7 - 4 counts tag - Facing 06:00

Sway right, left, right, left

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No changes in the stepsheet allowed, without the choreographers permission.

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