

# You Better Stop



**Count:** 32      **Wall:** 2      **Level:** Advanced  
**Choreographer:** Stephen Rutter & Claire Butterworth (U.K) July 2011  
**Music:** Stop by Jamelia from "Bridget Jones – The Edge Of Reason" Soundtrack (63bpm)

(16 Count Intro', starting on word "Given").

**NOTE: The Dance Does Not Phrase Correctly With The Sam Brown Version.**

**Section 1- Sway, 1 ¼ Turn Left, Sweep, Cross, Back Step, Side Step, Cross Rock, Side Step, Cross, Sweep, Cross, Back Step, Side Step.**

- 1            Sway right to right side
- 2&a        Make a quarter turn left stepping left forward, make a half turn left stepping back on right, make a half turn left stepping forward on left.
- 3            Sweep right foot around from back to front.
- 4&a        Cross right over left, step back on left, step right to right side.
- 5            Cross rock left over right,
- 6&a        Recover weight onto right, step left to left side, cross right over left.
- 7            Sweep left foot around from back to front.
- 8&a        Cross left over right, step back on right, step left to left side.

**Section 2- Cross Rock, Side Step, Cross, Unwind Full Turn Right With Sweep, Weave, Sway, Cross, Side Step, Sway, Cross, ¼ Turn Left.**

- 1            Cross rock right over left.
- 2&a        Recover weight onto left, step right to right side, cross left over right.
- 3            Unwind a full turn right sweeping right around from front to back on completion of turn.
- 4&a        Cross right behind left, Step left to left side, Cross right over left.
- 5            Step left to left side swaying hips left.
- 6&a        Recover weight onto right, cross left over right, step right to right side.
- 7            Step left to left side swaying hips left.
- 8&a        Recover weight onto right, cross left over right, make a quarter turn left stepping back onto right.

**Section 3- ¼ Turn Left, Weave, Hip Sways (With Attitude), Coaster Step, Step Forward, Step Forward, Pivot ½ Turn Right, Step Forward.**

- 1            Make a quarter turn left stepping left a large step to left side, dragging right towards left.
  - 2&a        Cross right over left, step left to left side, cross right behind left.
- Tag: When dancing Wall 6 hold here for 3 counts, and then continue rest of dance.**
- 3-4        Step left to left side swaying hips left, sway hips right.
  - &5        Sway hips left, sway hips right.
  - 6&a        Step back on left, step right beside left, step forward on left.
  - 7            Step forward on right.
  - 8&a        Step forward on left, pivot a half turn Right, Step forward on left.

**Section 4- Spiral Full Turn Left, Shuffle ¼ Turn left (In A Curve), Prissy Walks, Side Rock & Cross, Side Step, Weave.**

- 1            Step Forward on right and spin a full turn left, hitching left knee.
  - 2&a        Make an eighth turn left stepping forward on left, close right beside left, make an eighth turn left stepping forward on left.
  - 3-5        Cross right over left, Cross left over right, cross right over left.
  - 6&a        Rock left to left side, recover weight onto right, cross left over right
- Restart: When Dancing Wall 2, restart dance here.**
- 7            Step right large step to right side dragging left up towards right.
  - 8&a        Cross left behind right, Step right to right side, cross left over right.

**Restart & Tag.**

**When dancing wall 2 Dance 30 counts of dance only then restart dance.**

**When dancing wall 6 dance up to counts 16&a, then add a 3 count hold before continuing with rest of dance.**

**Enjoy!**