

YOUR LOVING ARMS

Choreography : Angel & John Warnars (NL) May 2015

Walls : 2 wall line dance

Niveau : High Intermediate

Counts : 28 - 68 bpm - intro 16 counts.

Info : Restarts at walls 4, 8 and 9.

Music : Juanita Du Plessis - Loving Arms

CD "Nashville"

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SIDE & DRAG, L SAILOR STEP, (&) CROSS BEHIND, ¼ TURN L, (&) ½ TURN L, ¼ TURN L & DRAG, CROSS ROCK BACK, (&) RECOVER, ¼ TURN R, (&) ½ TURN R, ½ TURN R, (&) STEP FWD, ROCK (push);

1 RF big side step to right and LF drag next

2&3 LF cross behind RF, RF step to right side, LF step to left side

&4& RF cross behind LF, LF ¼ turn left step forwards (9), RF ½ turn left step backwards (3)

5 LF ¼ turn left big side step and RF drag next (12)

6&7 RF cross rock back, recover back on LF, RF ¼ turn right step forwards (3)

&8& LF ½ turn right step backwards (9), RF ½ turn right step forwards (3), LF step forwards (* **Restart 1**)

1 RF rock forwards (push)

RECOVER, (&) ¼ TURN R, CROSS ROCK (push), RECOVER, (&) SIDE STEP, CROSS STEP, ¼ R COASTER CROSS, CROSS STEP, (&) ¼ R SIDE STEP, SIDE & DRAG;

2&3 recover back on LF, RF ¼ turn right side step (6), LF cross rock over RF (push)

4& recover back on RF, LF step to left side

5 RF cross step over LF

6&7 LF step backwards, RF step next LF, RF ¼ turn right cross step over LF (7:30)

8& RF cross step over LF, LF ¼ turn right side step (9) (** **Restart 2**)

1 RF big side step and LF drag next

CROSS ROCK BACK, (&) RECOVER, ¼ R BACK, (&) CLOSE, ACROSS, (&) SIDE, CROSS ROCK/PUSH, (&) L SWEEP, ½ RUMBA BOX R, ¼ L SAILOR CROSS;

2&3 LF cross rock back, recover back on RF, LF ¼ turn right step back (12)

&4& RF step next LF, LF cross step over RF, RF small step to right side (on ball)

5 LF cross rock over RF (push)

6&7 RF step to right side, LF step next RF (***) **Restart 3**, RF step backwards

& LF sweep front to back

8&1 LF ¼ turn left cross behind RF (9), RF step next LF, LF cross step over RF

SIDE ROCK & SWAY, RECOVER & SWAY, SIDE STEP, (&) CLOSE;

2 3 RF rock to right side and push hips to right, recover back on LF and push hips to left

4& RF step to right side, LF step next RF

1 RF start again (big side step to right and LF drag next)

Restarts:

In the 4th wall after count 8 &, block 1 *

In the 8th wall after count 8 &, block 2 **

In the 9th wall after count 6 &, block 3 ***

Note, after restart 3, the music will be slower on count 5 of block 2, dance with the rhythm along.

Finish dance on counts 8&1 (block 2);

RF ½ turn left step back (9), LF ½ turn left step forwards (3), RF ¼ turn left side step and LF drag next (slow).