

# Zydeco Lady

**Dance AKA:** None

**Written By:** Chris Hookie

**Rev:** 08/16/93

**Choreographed By or Originated At:** Chris Hookie, Arlington, Texas November, 1990

**Dance Type and Position or Formation Dance is Performed in:** Four Direction Line Dance

**Difficulty Level:** 3      **Number of Steps:** 50      **Suggested BPM:** 104-144      **IDS Level:**

**Time Signature:** 4/4      **Number of Beats:** 40      **Suggested MPM:** 26-36      **IDS Level:**

**General Dance Description:** Four corner type line dance. All dancers start off in single file lines all facing LOD. It is recommended that dancers read the comment section first before proceeding with learning the dance it will help greatly.

**NOTE:** Remember that this Cha Cha rhythm is performed continually throughout the *Zydeco Lady* line and the dance will be quite a bit simpler to learn and to perform.

*Chris Hookie*

**NO STEPS   BEATS   DIRECTIONS**

1.    5    4    Left foot touch: forward, side, left foot starts a sideways crossback-ball-change (left foot cross behind right foot-right foot step to the side- left foot step to the side and- slightly forward).
2.    5    4    Right foot touch: forward, side, right foot starts a sideways crossback-ball-change (right foot cross behind left foot, left foot step to the side- right foot step to the side and slightly forward).
3.    5    4    Left foot step forward and begin a ½ turn to the left, right foot step forward and complete ½ turn to the left (facing RLOD), left foot begins a normal back-ball-change (left foot step back, right foot step back, left foot step forward).
4.    5    4    Right foot step forward and begin a ½ turn to the right, right foot step forward and complete ½ turn to the right (facing LOD), right foot begins a normal back-ball-change (right foot step back, right foot step back, left foot step forward).
5.    5    4    Left foot step forward and make a ¼ turn to the right, right foot cross behind left foot (Lock Step), make a ¾- three step turn to the left with a left foot lead (facing RLOD).
6.    5    4    Right foot step forward and make a ¼ turn to the left, left foot cross behind right foot (Lock Step), make a ¾- three step turn to the right with a right foot lead (facing LOD).
7.    5    4    Left foot step back, right foot step back, normal back-ball-change left foot lead.
8.    5    4    (Lockstep Shuffle Forward): Right foot step forward, left foot cross behind right foot (Lock Step), normal shuffle forward with a right foot lead.
9.    5    4    (Lockstep Shuffle forward): Left foot step forward, right foot cross behind left foot (Lock Step), normal shuffle forward with a left foot lead.
10.   5    4    Right foot step forward, make a ½ pivot turn left- transfer weight to left foot, make a ¾ turn to the left with a right foot lead- right, left, right (1-1/4 turn in all).

**Variations:** A variety of additional turns can be added on nearly all the Cha Cha steps in the dance.

**Suggested Dance Style:** *Zydeco Lady* has a rhythm that of a Cha Cha (see Comment Section) it has a lot of movement in it. Style is quite important in order to look good while performing the dance as well as being able to perform it correctly and performing it well. The slow steps should be long and pronounced and the quick steps should be made small, quick and sharp. *Zydeco Lady* is an isolation dance from the hips on down, excessive arm movements should be avoided except to enhance the dance. Proper dance styling should be adhered to at all times.

**Suggested Songs/Types Of Songs:** *Zydeco Lady* by Eddie Raven. Most any Latin rhythm or up beat bluesy songs or moderately up beat swing tunes.

**Comments:** The rhythm throughout the *Zydeco Lady* line dance is that of a Cha Cha with a slow, slow, quick, quick, quick, and rhythm. In most cases a slow step usually signifies two beats and a quick step signifies one be. But the true definition of slows and quicks, they are relative to each other in that a quick is half the length of a slow no matter how long the slow is. So in the case of the Cha Cha and *Zydeco Lady*, the slows are equal to one beat and the quicks are equal to ½ a beat. This is true because one basic pattern of two slows, three quicks and a pause takes four full beats- one measure of music Therefore the rhythm pattern of the dance is as follows:

Beats: 1 2 3 & 4 & -  
Rhythm: slow, slow, quick, quick, quick, and -

**NOTE:** If you remember that this Cha Cha rhythm is performed continually throughout the *Zydeco Lady* line dance and the dance will be quite a bit simpler to learn and to perform.

*Chris Hookie*  
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